



JACK CATTERALL UD 12 REGIS PROGRAIS
10/26/24 - MANCHESTER, ENGLAND

Total Punches Landed / Thrown												
	1	2	3	4	5	6	7	8	9	10	11	12
CATTERALL	5/17	4/30	6/29	3/32	4/26	11/42	4/32	7/33	12/47	9/37	6/39	12/52
	29.4%	13.3%	20.7%	9.4%	15.4%	26.2%	12.5%	21.2%	25.5%	24.3%	15.4%	23.1%
PROGRAIS	3/28	4/32	6/37	3/27	9/36	10/44	6/27	7/28	6/30	6/25	4/26	8/37
	10.7%	12.5%	16.2%	11.1%	25%	22.7%	22.2%	25%	20%	24%	15.4%	21.6%

Jab Landed / Thrown												
	1	2	3	4	5	6	7	8	9	10	11	12
CATTERALL	5/16	1/25	5/27	2/29	1/15	4/19	1/18	1/18	4/31	6/27	2/26	7/35
	31.3%	4%	18.5%	6.9%	6.7%	21.1%	5.6%	5.6%	12.9%	22.2%	7.7%	20%
PROGRAIS	2/24	3/29	6/34	3/26	3/20	3/28	2/14	4/20	5/21	5/23	4/22	5/29
	8.3%	10.3%	17.6%	11.5%	15%	10.7%	14.3%	20%	23.8%	21.7%	18.2%	17.2%

Power Punches Landed / Thrown												
	1	2	3	4	5	6	7	8	9	10	11	12
CATTERALL	0/1	3/5	1/2	1/3	3/11	7/23	3/14	6/15	8/16	3/10	4/13	5/17
	0%	60%	50%	33.3%	27.3%	30.4%	21.4%	40%	50%	30%	30.8%	29.4%
PROGRAIS	1/4	1/3	0/3	0/1	6/16	7/16	4/13	3/8	1/9	1/2	0/4	3/8
	25%	33.3%	0%	0%	37.5%	43.8%	30.8%	37.5%	11.1%	50%	0%	37.5%

Final Punch Stat Report			
	Total Punches (Body Landed)	Total Jabs (Body Landed)	Power Punches (Body Landed)
CATTERALL	83 (10)/416	39 (5)/286	44 (5)/130
	20%	13.6%	33.8%
PROGRAIS	72 (18)/377	45 (12)/290	27 (6)/87
	19.1%	15.5%	31%

Inside The Numbers

Catterall was busier, landed more & scored 2 knockdowns vs. Prograis, who landed just 27 power punches in the fight to 44 for Catterall.